



# High Peak School & Sport Partnership

Winter 2017

## High Peak Sports Awards 2017



On 1<sup>st</sup> November, along with High Peak Borough Council (HPBC), we hosted the High Peak Sports Awards at Pavilion Gardens, Buxton.

The night was made up celebrating achievements including, club of the year, volunteer of the year, service to sport, coach of the year etc along with awarding our Gold Schools and Young Sporting Ambassadors from last academic year their certificates of recognition.

We were extremely proud of Henry de Pee (Young Ambassador at Chapel High School) who stood up and addressed the audience explaining about his YA journey, he said 'it's a great experience to be a part of and it has taught me many skills. I really enjoy sport and this programme has helped me to become a better leader in training and supports my coaching aspirations and future career.' Thanks to HPBC and staff for an excellent evening.

Here are a few pictures and if you would like to view the Gold School celebratory video please follow this link .....  
<https://www.youtube.com/watch?v=ZiYnHNMf1DY&t=6s>



Henry de Pee addressing the audience



Derbyshire School Sports Association—County Award in recognition of Active Schools Excellence Chapel High School and Buxworth Primary School



The High Peak Young Ambassadors receiving their awards



A selection of our Gold school winners





## MAP QUEST—Manor Park



Map Quest descended on Manor Park, Glossop on 17 October with 170 Yrs1-4 children and 1 fox (!) racing to find orienteering points around the park.

Children learned new skills

and ran their socks off as they competed with one another to complete the course set by Outdoor Genius.

Plenty of fun was had all round and Flame the Fox had a dab-tastic time meeting everyone!



See you next time at Whaley Bridge Memorial Park on Wednesday 14 March.

## Chapel High School in top 20 schools in England!

Chapel High School's year 9/10 cross country team finished an excellent 16<sup>th</sup> in the English Schools' finals in Kent after winning both the county and regional round. It was a super achievement for this excellent bunch of runners and a reward for the commitment they have shown to their training. They enjoyed a fun packed couple of days in the Kent sunshine while the High Peak was under snow!



Chapel High Schools Year 9/10 Cross Country team

# Table Tennis Partnership Final

What an afternoon we had at New Mills Secondary School for the High Peak Table Tennis finals! Over 20 girls and boys teams competed in a spectacular display of competitive ability and sporting spirit. We saw some faces for their first taste of table tennis, and with the High Peak lucky enough to have some fantastic local clubs at Glossop and Chinley, we hope you continue in the same spirit! The Spirit of the Games award was won by a very worthy School; New Mills Primary. They were chosen by the leaders as they were fantastic at encouraging one another and their fellow competitors.

The competition saw some great rallies and breath-taking ability with over 150 individual games sorting the eventual winners as follows:

## Girls 5/6 competition

1st - Ping-Pong Padfield Primary

2nd - Double Quick Dinting Primary

3rd - Net Navigators New Mills Primary

## Boys 5/6 competition

1st - Chopping Chinley Primary

2nd - Double Quick Dinting Primary

3rd - Ping-Pong Padfield Primary

Massive thank you to the amazing leaders and Mr Worsley from New Mills Secondary School for a fantastically run event!



# New Mills Primary School—Balance Bikes

After the success of our work last year with CSI to deliver Balance Bike sessions for Reception and Year 1 children, we have now brought Balance Bikes into the permanent PE curriculum. We have purchased 8 Balance Bikes and helmets and children in Reception class now receive a weekly coaching session. The sessions help the children to learn balance, coordination, teamwork and spatial awareness whilst also preparing them for riding a pedal bike. The children take part in games and activities on the bikes which make the sessions fun and the children are also using Derbyshire Road Safety teams resources to learn about how cross roads on their bikes.

Claire Whetstone, our Headteacher, said 'we still have children who, for various reasons, reach year 5 and are unable to ride a pedal bike. The Balance Bikes in KS1 and Bikeability Level 1 for lower KS2 is helping to ensure that we offer a consistent and progressive approach to cycle training throughout the school.'



## Mini Soccer Finals—Girls, Boys & Small Schools

High Peak Partnership Finals for the boys, girls and small schools mini soccer competitions took place on 10 October.

For the 3rd year running we were lucky that Glossopdale School were able to play host whilst Glossop North End Juniors organised the day and their volunteers refereed the games. Without such commitment and support from facilities and local clubs then these competitions just couldn't go ahead.

Padfield won the girls competition, St Charles the boys with St Mary's (New Mills) winning the small schools. These 3 schools then went on to represent the High Peak at County level and we are very proud of their achievements. Particularly St Charles boys team, who won the County finals and will now go on to represent Derbyshire at the Regionals.



**St Charles Boys Mini Soccer team**

## Cross Country Partnership Finals

What a fabulous day for the High Peak SSP Yr 3/4 5/6 cross country finals! What a bunch of extremely talented young runners! Here at the High Peak SSP we burst with pride when we see those determined faces.....always finding that extra burst of speed to give their best for themselves and their school.

The team results were as follows:

Gold - Burbage Primary

Silver - New Mills Primary

Bronze - Harpur Hill Primary

There was a fantastic atmosphere and support for all schools and the Self Belief Award was won by Taxal and Fernilee Primary for their conduct as a team.

Many thanks to High Peak Athletics Club and their squad of marshals for helping to run the event.

We believe it's no coincidence the top schools of the High Peak faithfully take on the 'mile a day' challenge....and proving not only fruitful for whole school health and well-being, but also for their young competitors!!



## Chapel High win Derbyshire Table Tennis Gold

Chapel High School U13s Boys Table Tennis team represented the High Peak on 16 November at Springwell Community College. Competing against other schools from across Derbyshire, the boys played brilliantly and worked very well together as a team, bring home the winners trophy for the first time in the history of the school. Well done boys and we wish you the best of luck at the next level.

This success was built on the development of a popular table tennis club in school and the leaders being trained at the HPSSP leadership day back in September.

If you'd like some ideas for setting up a table tennis club in your school please get in touch or visit [www.estta.org.uk](http://www.estta.org.uk) (English Schools' Table tennis)



## Key Steps Gymnastics—Year 3 & 4

Yrs 3&4 Keysteps Gymnastics Competition at Glossop Leisure Centre—13 October.

11 schools taking part and although we were so early into the school year with limited practice time standards were very high.



**Duke of Norfolk—1st Place**

There was a new winner this year (for the past 3 years the trophy has been collected by Padfield).....

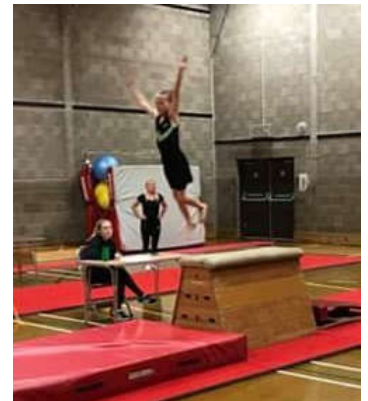
In 3rd Place were Padfield, 2nd Hayfield and Duke of Norfolk came first.

Winning the Spirit of the Games Award for Passion (giving 100% and supporting their team mates) were Dinting Primary.

A huge thanks once again to Ann Tracey of Glossop Gymnastics Club for running the event, to the judges and the

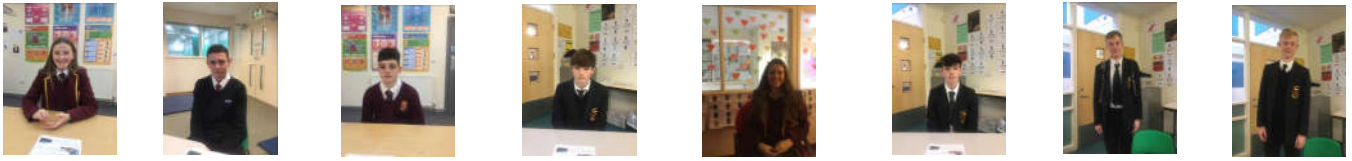
2 young leaders from St Philip Howard for providing a great opportunity for children across the High Peak area to access.

Ann and her team looking forward to welcoming back schools for the Yr 5&6 competition at the beginning of March.

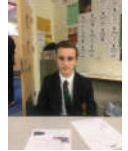


**Dinting—winning the Passion award**

# Young Ambassadors Selection Interviews



The Aspire2B Young Ambassador scheme is moving into its 3rd year and with Hope Valley College joining the High Peak SSP we now have 14 YAs appointed during the Christmas term.



Year 10s from across the High Peak and Hope Valley go through a rigorous selection process of school pre-selection, application forms and interviews by a panel of SSP and PE staff along with previous YAs. This not only serves to select the most worthy individuals to represent their schools and the High Peak, but gives all of the candidates great interview experience as we feedback individually to the applicants on how to improve their technique and representation.



The Young Ambassadors will spend a year spreading the message to be more active to peers family and schools that they visit. They will be trained in February in public speaking so that they can give inspirational speeches and active workshops at cluster primary schools, before representing the High Peak 'Aspire 2B' Leadership Academy at the School Games and High Peak Sports Awards later in the year.



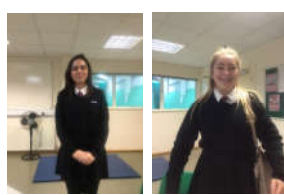
If your Primary School would like a visit from your local Young Ambassadors in the May period, this can be done through us here at the SSP.



Finally we would like to voice a massive congratulations to our new Young Ambassadors for 2017/18. This achievement represents a culmination of volunteer hours, commitment to training and their attitude to giving back to sport and activity, for many years! The quality of the leaders coming through the Academy is incredible and we are so proud to be able to select from such high standards.



This year due to the high standards we have seen in application we have decided to enrol deputy candidates on the 'Get Set' Young Ambassador scheme. This ensures their leadership journey remains recorded and recognised within a national scheme, enhancing CVs and developing skillsets.



## Rugby MegaFest—Glossop Rugby Club

Back on 28 September - Glossop Rugby Club hosted the first festival of the new academic year - Rugby Megafest. Ran by Rob Jones and his colleague Kit, (both members of the club) but representing Manchester Metropolitan University (MMU), the event went without any hitches.



Schools from all across the High Peak were in attendance to take part in this festival style event, where key drills and skills were taught in a carousel leading to fun games. It was inspiring to see so many new children coming along to 'have a go' - it gave them the opportunity to represent their school and the confidence to try new things.



St Luke's won the Teamwork Award

Various individual prizes were given out for fair play with St Luke's winning the overall prize for Teamwork - thanks to Rob for proving. Altogether a great day - thanks to the MMU for releasing Rob & Kit to provide a wonderful opportunity for our local children and a special mention to Mrs Mills (Hayfield) & Mr Sidebottom (Gamesley) too for manning one of the carousels.

## Boccia Bonanza and Swimming Spectacular

On 6 December 2017 we hosted a double event at Buxton Swimming Pool - The Christmas Swimming Spectacular and the Boccia Bonanza! We had 129 children attend the events as well as Santa and his elf! A brilliant time was had by all, although we did all get a little hot! The Boccia tournament winners were:

- 1st place - St Lukes
- 2nd place - Peak Dale
- 3rd place - Taxal

Well done to everyone who took part.



# Bikeability in the Autumn Term

There has been lots of Bikeability activity during the Autumn term, our current provider - CSI instructors have been working full-time across the High Peak to bring a number of new cycling activities into High Peak schools. 13 Primary Schools have received **Bikeability Level 1 & 2** delivery in the Autumn term.

Lots of schools are having the full programme of 4 progressive sessions of **Bikeability Balance** training for Reception and Year 1 children. Children who already ride bikes in these year groups also benefit from practising co-ordination, balance and spatial awareness.

Years 1 and 2 are also taking part in Active Travel with **Scotability** delivery. Scotability applies the principles of Bikeability to Scooter travel to encourage safe and courteous Scooter use.

Following on from last year's **Bikeability Buses** at Chapel Primary School, they ran a further 3 Buses which gained more 'passengers' as Bikeability delivery went on. Children are 'picked up' at pre-determined points along a 'route' to school. The children then ride with 2 instructors into school as a 'Bus'.

Children at Harpur Hill, Peak Dale and St Lukes benefitted from **Bikeability Fix** sessions which demonstrates to children how to make simple roadside repairs and how to maintain their bikes, checking for potential problems before they arise. The children have a chance to practise their skills and get a bike repair kit as well as their Fix certificate.

As a precursor to on-road cycle training **Level 1** sessions are 2 hour playground sessions that help prepare Yr 3 and Yr 4 children for their on-road Bikeability training in Year 5 and 6. Children at New Mills Primary, St Lukes, St Annes and Dove Holes took part in Level 1 training.

## Bikeability Ride

Although they had a limited number of Ride places, children at Chinley and St Lukes took part in Rides after their Bikeability training. Riding in a group with friends is a really popular part of cycle training, and we hope to have further funding as a partnership to be able to offer more sessions in the future.

## Bikeability Transition

24 children at Chapel Primary took part in our first Bikeability Transition delivery. The children planned and executed a safe route to the secondary school. They practised riding in a group, developing awareness of other cyclists and best practice.

## Bikeability Parents

It's Bikeability training for parents and teachers. Parents are more likely to support their children's road riding if they themselves know what to do. We are still looking forward to our first Parents session. Hopefully we will be able to report on successful Bikeability Parents in the next newsletter.





# Secondary: Leadership day 2017



Late September saw the HPSSP 3rd annual 'Secondary Sport Specific Leadership Day' for the Aspire2B leaders of the High Peak. Year 10 and 11s from 6 secondary schools attended the event hosted at Buxton Community School where 63 budding coaches were trained in National Governing Body courses in Netball, Rugby, Badminton and Table Tennis. These awards and qualifications are the initial step on the professional ladder for these students to go on to achieve their coaching and umpiring qualifications, boosting their CVs and increasing their earning potential with official certifications. Many thanks to the tutors and supporting local clubs for their support; especially Places for People Smash Up New Mills, High Peak Netball, Glossop RUFC, Manchester MET University Sport Development Unit and Chinley Table Tennis Club. Thank you also to Buxton Community School for the use of the facilities.



## Secondary: Satellite Club Programme and Masterclass blocks



**Masterclasses:** HPSSP have developed good working relationships with local clubs during the satellite club programme and uses these contacts to

facilitate Masterclass opportunities within secondary schools. Here a vetted coach from the club is released to deliver after school sessions in a 6 week block for between £5 and £20 per 6 week block. We have developed Masterclass sessions in HIIT, Netball, Rugby and Clubbercise, all linked to local community services. Please contact the office for details.



**Parkour @ Fairfield Youth Centre: NEWS!** HPSSP has been working to bring together different partners in order to reach more

young people and get them active. This Collaborative venture between HPSSP, Fairfield Youth Centre, UK Sports and High Peak Borough Council has delivered Parkour to over 80 regular participants. The club will introduce different sports, term by term, to bring fresh opportunities to those that attend this popular Youth Club. Many thanks to all that have contributed to such a successful initial period, including the police who have assisted with signposting young people to the sessions funded through Sport England Satellite Club Programme. We are looking forward to evenings of Boxing, Streetdance and Clubbercise tasters in the new year!



## A final note from Dawn

At this time of year we always like to look back on all that has been achieved and again our schools have not disappointed us. Primary schools have accessed more competitions and festivals this year, have taken part in our Aspire2b Mini Leadership training, attended Change 4 Life Champions training, undertaken more bikeability opportunities than in previous years (including balanceability, bus, ride and transition), more schools have moved up the School Games Award scheme and in September we once again held an extremely successful Leadership Academy training day for our young leaders across the High Peak (63 attending) each receiving National Governing Body Accreditation which will further help them along their journey into employment. In December we interviewed over 50 Year 10 pupils across the area to be the Young Ambassadors within their secondary schools – well done to all 14 selected. Finally we were also very lucky to help celebrate with both Buxworth Primary and Chapel High School achieving County Active School Awards for their commitment to the role of PE, school sport and physical activity – ensuring that being active is a thread throughout the whole curriculum.

This leads nicely onto a recent study carried out across Derbyshire on the value of schools empowering their pupils to be physically active within and outside school – in short, here are just some of the headlines:

- Teachers noticed pupils attention/readiness to learn had increased considerably – this supports national data around children who are active do better – their brains work better, they get better grades and they are happier students.
- Health and Wellbeing Benefits:
  - \* Builds self-esteem and confidence, improves relationship as it is social, can build teamwork and leadership skills in children as they're helping each other whilst also encouraging their peers.
  - \* Strengthens muscles and bones, improves health and fitness, children recover from illness more quickly and reduces stress and anxiety.



I would urge schools that might not see the value of PE, School Sport and physical activity to reconsider, research the studies fully and look to spend some of your PE Premium Funding (£16,000 per primary school plus £10 per pupil) to look at new innovative ways to effectively spend to engage all pupils. If you need any support or guidance on this please contact the partnership office direct.

Finally, as the Christmas period is well and truly upon us, 'Team HPSSP' would like to wish you an amazing seasonal break and a very happy & healthy New Year and look forward to seeing you to start it all again in 2018!



**High Peak School & Sport Partnership**  
Buxton Community School  
College Road  
Buxton  
SK17 9EA

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### Upcoming Events:

**31 January—Change 4 Life**  
Fairfield Centre 1-3pm

**9 March—KeySteps Gymnastics Y5/6**  
Glossop Leisure Centre 9.30-12.00

**14 March—Map Quest Y1-4**  
Pavilion Gardens, 1.15-3.15pm

**11 April—Map Quest Y5/6**  
Oaklands Manor, 1.15-3.15pm