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| **Year 7 Futures Programme** |
| **Session** | **How delivered** | **Timescale** |
| **Introduction to the futures programme and to Unifrog** **Students create their own Unifrog account which will stay with them throughout school.** | Social and Health lesson Assembly | Term 1 |
| **Parents are introduced to Unifrog and encouraged to create their own personal account.**  | Email and website | Term 1 |
| **Explore further the concept of Futures – holistic approach, competencies, acknowledging your skills.**  **Student can log activities and competencies on Unifrog** | Social and Health lessonRegistration and at home | Term 1 |
| **Explore different jobs – Y7 Social and Health lesson. Students interview different employers / employees: support staff in school and visitors.** | Social and Health lesson | Term 1 |
| **Meet an employer Rachael Monteath: outdoor education provider.** | Assembly | Term 2 |
| **What does Success mean to You?**  | Social and Health lesson via Unifrog | Term 2 |
| **Meet an employer – Fire Service** | Social and Health lesson | Term 3 |
| **Skills for careers**  | Social and Health lesson via Unifrog | Term 3 |
| **Update personal record of activities and competencies**  | Registration via Unifrog | Term 3 |